**Ashgrove Tuckshop**

**Sandwiches/Wraps**

<table>
<thead>
<tr>
<th>Sandwich/Wrap</th>
<th>Sandwich</th>
<th>Wrap</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegemite/Honey/jam</td>
<td>$1.50</td>
<td>$2.00</td>
</tr>
<tr>
<td>Cheese</td>
<td>$2.20</td>
<td>$2.70</td>
</tr>
<tr>
<td>Cheese &amp; Tomato</td>
<td>$2.50</td>
<td>$3.00</td>
</tr>
<tr>
<td>Ham &amp; Cheese</td>
<td>$3.00</td>
<td>$3.50</td>
</tr>
<tr>
<td>Ham, Cheese &amp; tomato</td>
<td>$3.20</td>
<td>$3.70</td>
</tr>
<tr>
<td>Ham &amp; Salad</td>
<td>$4.00</td>
<td>$4.50</td>
</tr>
<tr>
<td>Chicken, Lettuce &amp; Mayo</td>
<td>$3.00</td>
<td>$3.50</td>
</tr>
<tr>
<td>Chicken &amp; Salad</td>
<td>$4.00</td>
<td>$4.50</td>
</tr>
<tr>
<td>Egg, Lettuce &amp; Mayo</td>
<td>$3.00</td>
<td>$3.50</td>
</tr>
<tr>
<td>Salad</td>
<td>$2.50</td>
<td>$3.00</td>
</tr>
<tr>
<td>Toasted</td>
<td>$0.50</td>
<td>$0.50</td>
</tr>
</tbody>
</table>

**Salad Cups & Bowls**

<table>
<thead>
<tr>
<th>Salad Cups</th>
<th>Small</th>
<th>Large</th>
</tr>
</thead>
<tbody>
<tr>
<td>Garden Salad</td>
<td>$3.00</td>
<td>$4.00</td>
</tr>
<tr>
<td>Add Chicken, Ham or Egg</td>
<td>$1.50</td>
<td>$1.50</td>
</tr>
<tr>
<td>Add Cheese</td>
<td>$0.50</td>
<td>$0.50</td>
</tr>
</tbody>
</table>

**Daily Specials – Made in the Tuckshop**

<table>
<thead>
<tr>
<th>Day</th>
<th>1st Break</th>
<th>2nd Break</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Crumbed Fish with Sweet Potato Wedges &amp; Salad</td>
<td>Scone with Jam &amp; Cream, Fresh fruit trio</td>
</tr>
<tr>
<td></td>
<td>$4.00</td>
<td>$3.50</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Butter Chicken with Rice &amp; a drink (GF)</td>
<td>Sushi by Tsuru (GF) (Teriyaki Chicken, Tuna or Avocado)</td>
</tr>
<tr>
<td></td>
<td>$4.00</td>
<td>$3.50</td>
</tr>
<tr>
<td>Thursday</td>
<td>Homemade Pizza &amp; a drink (GF option available)</td>
<td>Snack Box with Hummus dip, Corn Chips and Veggie Sticks</td>
</tr>
<tr>
<td></td>
<td>$4.00</td>
<td>$3.50</td>
</tr>
</tbody>
</table>

**Snack Packs**

<table>
<thead>
<tr>
<th>Pack Type</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tasty Cheese &amp; Crackers</td>
<td>$1.60</td>
</tr>
<tr>
<td>4C's Pack - Crackers, Cheese, Carrot &amp; Celery</td>
<td>$2.20</td>
</tr>
<tr>
<td>Dip Pack - Hummus, Crackers &amp; Veggie Sticks</td>
<td>$2.50</td>
</tr>
</tbody>
</table>

**Frozen Snacks**

<table>
<thead>
<tr>
<th>Snack</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Island Way Sorbet</td>
<td>$2.60</td>
</tr>
<tr>
<td>Frozen Yoghurt</td>
<td>$2.00</td>
</tr>
</tbody>
</table>

**Drinks**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Water small</td>
<td>$0.50</td>
</tr>
<tr>
<td>Water Large</td>
<td>$1.00</td>
</tr>
<tr>
<td>Milk: Plain</td>
<td>$1.50</td>
</tr>
<tr>
<td>Flavoured 250ml</td>
<td>$1.80</td>
</tr>
<tr>
<td>Popper 150ml</td>
<td>$1.20</td>
</tr>
<tr>
<td>Popper 250ml</td>
<td>$1.50</td>
</tr>
<tr>
<td>Nudie Juice 250ml</td>
<td>$1.80</td>
</tr>
<tr>
<td>Krazy Lemon</td>
<td>$1.80</td>
</tr>
</tbody>
</table>

**Hot Food**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fried Rice</td>
<td>$3.60</td>
</tr>
<tr>
<td>Napoletano Pasta &amp; Parmesan</td>
<td>$3.00</td>
</tr>
<tr>
<td>Pizza with Ham &amp; Cheese</td>
<td>$3.00</td>
</tr>
<tr>
<td>Pizza Vegetarian</td>
<td>$3.00</td>
</tr>
<tr>
<td>Pizza Gluten Free</td>
<td>$3.00</td>
</tr>
<tr>
<td>Sausage Roll</td>
<td>$2.80</td>
</tr>
<tr>
<td>Large Meat Pie</td>
<td>$3.20</td>
</tr>
<tr>
<td>Mini Pie</td>
<td>$2.00</td>
</tr>
<tr>
<td>Tomato Sauce</td>
<td>$0.30</td>
</tr>
</tbody>
</table>

**Opening Hours**

Open from 8.15am Monday – Friday. Closed Wednesdays.

Ordering is easy with Flexischools


**Smart Choices Ratings**

- Healthy Choice 😄
- Select Carefully 😊

**Snacks**

<table>
<thead>
<tr>
<th>Snack</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Popcorn</td>
<td>$0.60</td>
</tr>
<tr>
<td>Fruit Trio</td>
<td>$1.80</td>
</tr>
<tr>
<td>Apple Slinky</td>
<td>$1.00</td>
</tr>
<tr>
<td>Boiled Egg</td>
<td>$1.00</td>
</tr>
<tr>
<td>Yoghurt (Berry or Passionfruit)</td>
<td>$1.80</td>
</tr>
<tr>
<td>Raison Toast (1 slice)</td>
<td>$1.00</td>
</tr>
<tr>
<td>Fruit Muffin Home Made!</td>
<td>$1.50</td>
</tr>
<tr>
<td>Cheese Halfie</td>
<td>$1.60</td>
</tr>
<tr>
<td>Vegemite or Pizza Scroll</td>
<td>$2.00</td>
</tr>
<tr>
<td>Gingerbread Man</td>
<td>$2.00</td>
</tr>
<tr>
<td>Snack Iced Fingerbun</td>
<td>$1.50</td>
</tr>
</tbody>
</table>

Friday Meal Deals change weekly.

See the Newsletter or Blackboard for details.