# Tuckshop Menu

## Sandwiches/roll/wraps

Made fresh in the Tuckshop daily!

<table>
<thead>
<tr>
<th></th>
<th>Sandwich</th>
<th>Wrap</th>
<th>Half Wraps</th>
</tr>
</thead>
<tbody>
<tr>
<td>(G)</td>
<td>Vegemite/Honey/jam</td>
<td>$1.50</td>
<td>$2.00</td>
</tr>
<tr>
<td>(G)</td>
<td>Cheese</td>
<td>$2.30</td>
<td>$2.80</td>
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<tr>
<td>(G)</td>
<td>Ham</td>
<td>$2.80</td>
<td>$3.30</td>
</tr>
<tr>
<td>(G)</td>
<td>Ham &amp; Cheese</td>
<td>$3.00</td>
<td>$3.50</td>
</tr>
<tr>
<td>(G)</td>
<td>Chicken Lettuce &amp; Mayo</td>
<td>$3.00</td>
<td>$3.50</td>
</tr>
<tr>
<td>(G)</td>
<td>Egg, Lettuce &amp; Mayo</td>
<td>$2.50</td>
<td>$3.00</td>
</tr>
<tr>
<td>(G)</td>
<td>Salad</td>
<td>$2.50</td>
<td>$3.00</td>
</tr>
</tbody>
</table>

## Hot Food

- (G) Fried Rice Home Made! $3.60
- (G) Warm Mediterranean Wrap Home Made! $4.00
- (G) Sweet Chilli Chicken Wrap Home Made! $4.00
- (A) Pizza with Ham & Cheese Home Made! $3.00
- (A) Pizza Vegetarian Home Made! $3.00
- (A) Gluten Free Pizza Base available extra $0.50
- (A) Sausage Roll Home Made! $2.80
- (A) Mini Pie $1.90

## Snacks

- (G) Popcorn $0.60
- (G) Fruit Trio $1.80
- (G) Apple Slinky $1.00
- (G) Veggie Sticks $1.00
- (G) Boiled Egg $1.00
- (G) Yoghurt (Mango, Berry, or Passionfruit) $1.80
- (G) Fresh whole fruit $0.80
- (A) Fruit Muffin Home Made! $1.50
- (A) Cheese Halfie $1.60
- (A) Pizza or Vegemite Scroll $2.00
- (A) Snack Iced Finger Bun $1.50
- (A) Small pkt cookies - choc chip $1.00

### Salad shakers

Large cup filled with fresh salad ingredients. All you need to do is add the dressing and **Shake**!

- (G) Salad – lettuce, tomato, carrot, cucumber, beetroot, celery & dressing $0.50 ea

### Snack Packs - ALL Gluten Free

- (G) Add Chicken, Ham or Tuna $1.50
- (G) Add Grated Cheese $0.50
- (G) Garden Salad $3.00
- (G) Raisin Toast per slice $1.00

## Drinks

- (G) Milk: Plain $1.50
- (G) Flavoured 250ml $1.80
- (G) Popper 150ml $1.20
- (G) Popper 250ml $1.50
- (G) Water small $0.80
- (G) Water Large $1.00
- (G) Nudie Juice 250ml $2.00
- (G) Juice Cup $0.60
- (G) Krazy Lemon $1.80

## Breakfast

- (A) Cheese Halfie $1.60
- (A) Pizza or Vegemite Scroll $2.00
- (A) Snack Iced Finger Bun $1.50
- (A) Small pkt cookies - choc chip $1.00

### Breakfast packs

- (G) Tasty Cheese & Crackers $1.60
- (G) Tasty Cheese & Crackers & Veggie Sticks $2.20
- (G) Dip & Veggie Sticks $2.20
- (G) Goody Bag - Popcorn & Dried Fruit $2.20

## Daily Meal Deals - made fresh in the tuckshop

### Monday

- 1st Break $4.00
  - (G) Fried Rice
  - & your choice of drink
  - (Choose from Milk, Popper 150ml, Water or Juice Cup)
- 2nd Break $3.50
  - (G) Blueberry & Vanilla pikelets
  - & Fresh Fruit Trio

### Tuesday

- 1st Break $4.00
  - (G) Napoletano Pasta with Parmesan Cheese
  - (GF Option available)
  - (Choose from Milk, Popper 150ml, Water or Juice Cup)
- 2nd Break $3.50
  - (G) Corn Fritters with Cherry tomatoes &
  - yoghurt mint dipping sauce

### Thursday

- 1st Break $4.00
  - (A) Pizza
  - & your choice of drink
  - (Choose from Milk, Popper 150ml, Water or Juice Cup)
- 2nd Break $3.50
  - (G) Large Pot of hummus with corn chips &
  - Veggie Sticks