# WEEKLY COMBOS

<table>
<thead>
<tr>
<th></th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MORNING TEA COMBOS</strong></td>
<td><strong>GINGERBREAD MAN COMBO $4.00</strong></td>
<td><strong>MUFFIN COMBO $4.00</strong></td>
<td><strong>PIKELET COMBO $4.00</strong></td>
<td><strong>SCONE COMBO $4.00</strong></td>
<td><strong>MEAL DEAL OF THE WEEK</strong></td>
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<tr>
<td></td>
<td>Gingerbread Man,</td>
<td>Muffin, Flavoured Milk</td>
<td>2 x Pikelets with jam &amp;</td>
<td>Scone with jam &amp; cream</td>
<td><strong>$8.00 (YRS 1-7)</strong></td>
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<tr>
<td></td>
<td>Fresh Plain Milk &amp; Fruit</td>
<td>and Fruit</td>
<td>cream, Flavoured Milk, Fruit</td>
<td>flavoured Milk, Fruit</td>
<td><strong>$7.00 (PREP)</strong></td>
</tr>
<tr>
<td><strong>LUNCHTIME COMBOS</strong></td>
<td><strong>CHICKEN GOUJONS COMBO $4.00</strong></td>
<td><strong>BURGER COMBO $4.00</strong></td>
<td><strong>SUSHI COMBO $4.00</strong></td>
<td><strong>PASTA COMBO $4.00</strong></td>
<td><strong>INCLUDES MORNING TEA AND LUNCH</strong></td>
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<tr>
<td></td>
<td>4 Chicken goujons,</td>
<td>Burger (either beef,</td>
<td>Sushi Roll &amp; sealed cup of</td>
<td>Pasta with meat and</td>
<td><strong>NO COUNTER SALES</strong></td>
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<tr>
<td></td>
<td>potato wedges &amp; sealed</td>
<td>chicken, veg or fish)</td>
<td>juice</td>
<td>sauce &amp; sealed cup of</td>
<td><strong>AT LUNCH TIME</strong></td>
</tr>
<tr>
<td></td>
<td>cup of juice</td>
<td>&amp; sealed cup of juice</td>
<td></td>
<td>juice</td>
<td></td>
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</tbody>
</table>

## ORDERING INSTRUCTIONS

Please provide a separate bag for morning tea and lunch as per layout shown.

Bags are available at tuckshop for a cost of 10c each or can be bought in bulk at the supermarket.

Correct money is preferred but we will give change taped to the outside of the bag. If money is short we will substitute items to the value received.

![Little Lunch](image1)

Little Lunch
Verity Smith 2E
Muffin $1.80
Plain Milk $1.10
TOTAL $2.90

![Big Lunch](image2)

Big Lunch
Verity Smith 2E
Mini Pie $1.80
Water $1.00
TOTAL $2.90

## BIRTHDAY ICE BLOCKS FOR CLASS CELEBRATIONS

Ice blocks are available for class birthday celebrations. They are sold as priced. Please pre-order with payment.

## ASHGROVE CAFE

The tuckshop is also open 2.45 to 3.30pm each Friday. Coffee, Tea, snacks, iceblocks, drinks, friendship and chit chat.

## A NOTE FROM THE TUCKSHOP COMMITTEE ......

Our tuckshop is staffed by volunteers. This enables us to offer a balanced menu at reasonable prices. To provide this service daily, we need an ongoing reliable roster of volunteers who can work at least one day a month. If you can help please contact the convenor on 3858 4718 (school hours). Thank you for your support.
# MENU - MONDAY TO THURSDAY

## SANDWICHES
- Buttered Roll $0.80
- Vegemite, Honey or Jam $1.50
- Egg $2.00
- Cheese $2.20
- Salad $2.80
- Ham or Beef $2.80
- Chicken $4.00
- Tuna $4.00

### Extras:
- Tomato or other single salad filling $0.60
- Salad (Lettuce, Tomato, Cucumber, Capsicum and Carrot) $1.80
- Cheese $1.00
- Ham or Beef $1.80
- Chicken $1.80
- Tuna $3.00
- Boiled Egg $0.80
- Bread Roll or Wrap $0.60
- Toasted $0.30

## SALAD BOX
- Fresh salad in a container (includes lettuce, tomato, carrot, cucumber, capsicum and sprouts) $4.00

## WRAPS
- Mediterranean Wrap - includes either lamb/beef/chicken with lettuce, tzatziki, carrot & tomato $4.50
- Garden Wrap - includes lettuce, sprouts, grated carrot, avocado, tomato and grated cheese $4.50
- Ashgrove Wrap - includes chicken, lettuce & carrot $4.00

## HOT FOOD
- Pizza Single $2.50
- Mini Pie $1.80
- Large Pie $2.80
- Sausage Roll $2.20
- Lasagne $4.00
- Piece of Fish $2.00
- Cheese Grill (1/2 roll with pizza sauce - m/tea only) $1.80
- Chicken Noodles $2.80
- Chicken Curry with Rice $4.00
- Potato Wedges $3.80
- Fried Rice (Gluten Free) $3.50

### Extras:
- Sauce per sachet $0.20
- Plastic Forks/Spoons (when requested as extra) $0.10
- Paper Bags $0.10

## DRINKS
- Plain Milk 300ml carton $1.10
- Flavoured Milk 250ml - chocolate/vanilla/strawberry $1.80
- Flavoured Milk 300ml - chocolate/vanilla/strawberry $2.10
- Soy Milk - Plain/Flavoured 250ml $1.80
- 100% Natural Juice cup - 110ml $0.60
- 100% Natural Orange Juice - 350ml $1.80
- 100% Juice Popper - 250ml $1.30
- 100% Juice Junior Popper - 125ml $1.00
- Bottled Water - 300ml $0.80
- Bottled Water - 600ml $1.00
- Crazy Lemon $1.80
- Fruit Slush $1.50

## SNACKS
- Fresh Yoghurt $1.50
- Frozen Yoghurt $2.00
- Chocolate Dairy Snack $2.00
- Boiled Egg $0.80
- 4 Crackers with Cheese $1.80
- Fresh Fruit of the week $0.90
- Apple Slinkys $1.00
- 4 carrot sticks $0.80
- Popcorn $0.60
- Raisin Toast with butter - 2 slices $1.80
- Fruit Jelly $1.60

## CAKES & SLICES
- Cakes/Slices - all low fat varieties $1.80
- Muffins (low fat) $1.80
- 2 x Pikelets with Jam and Cream $1.80
- Half Iced Finger Bun (snack size) $0.90
- Homemade biscuits and sml biscuit packets $0.90
- Gingerbread Man $2.50
- Gluten Free Biscuit $0.90

## BREAKFAST IS AVAILABLE EVERYDAY FROM 8.00AM

- Toast $1.50
- Raisin Toast $1.80
- Juice & Milk drinks as priced on menu
- Low fat muffins $1.80
- Fruit $0.90

## ESPRESSO BAR OPEN FROM 8.15AM EACH MORNING

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**ASHGROVE STATE SCHOOL TUCKSHOP PH: 3858 4718**